Session 22: People Matters (Stereotyping)   ASPIRE PROGRAMME

TIME	WHAT	DETAILS	EQUIPMENT NEEDED
10	**Ice breaker**	The blob!- 2 taggers, linking arms with boffers on the outside hands. They try to tag the rest of the group by hitting them from the waist down. If someone is tagged, they join the blob. Blob keeps growing until the last participant is tagged!	Boffer x2
10	**Loosener/deinhibitiser**	"I never"- Group stands in a circle on 'spots'. One person starts in the middle, and makes an 'I never' statement e.g. "I've never picked my nose and eaten the booger." Anyone who *has* done what the person says must leave their spot and try to find a new spot. Person in the middle tries to steal a spot once people are moving.	Carpet squares/lily pads x12 (1 for everyone in the group minus one)
15	**Connect**	Hot and not – connect, find out and care about what's going on within young people's personal lives. **Frontload:** What do you know about stereotyping?	
5	**Ice breaker (Energizer)**	Honey if you love me- Group stands in a circle, with one in the middle. The person in the middle tries to get someone else in the middle by attempting to get them to smile. You must start by saying "honey if you love me, give me a smile!" No touching allowed, but funny noises, and faces are encouraged!	
20	**Main Activity**	Identify!- Split the group into 2, and show them a series of portrait pictures. For each person/people, create an identity. Write their story based on what you see- What's their name, where do they live, what do they do? What hobbies do they have and what family do they live with? What's their favourite food/band? Write their story and share with the other team.	Portrait pictures (print from google images) of non-famous, normal looking people. (Googling 'Top 50 murderers' provides some interesting results) x5 Felt tip pens Paper
10	**Group discussion/debrief**	"People have the right to choose how to be represented. Stereotypes are based on cultural, sub-cultural or other defining traits that box people in." In that activity, what stood out to you? Did anything make you think? How does this activity relate to stereotyping? Could you tell who someone was because of any traits, or was it by how they chose to be defined? What are some positives/negatives of stereotypes? Have any of you experienced stereotyping? What was that like? Where do we see stereotyping? How do we recognize it, and how do we stop it? How do we see past stereotypes and see people as the unique individuals they are?	Workbook: People Matters

Purpose: To introduce and discuss the idea of stereotyping, and how to see past it!

Activity Briefs:

The blob:

Establish Group boundaries. Two people start off being in as 'the blob' with linked arms, and boffers on their outside hands. They must attempt to tag everyone else, whacking from the knee down, to get them to join the blob. If someone is tagged, they link arms onto the end person who tagged them, JOINING THE BLOB ("One of us, one of us, one of us..."). Participants on the outside hold the boffers and attempt to whack anyone who is left, to get them to join the blob. Once everyone is in, reset with the two last people as 'the blob'

Equipment: Boffers x2

I Never!:

"I never"- Group stands in a circle on 'spots'. One person starts in the middle, and makes an 'I never' statement e.g. "I've never picked my nose and eaten the booger." Anyone who has done what the person says must leave their spot and try to find a new spot. Person in the middle tries to steal a spot once people are moving. Continue to ask questions, connect with people's stories. Try to be funny, but respectful at the same time.

Equipment: Floor spots/lily pads. – enough for everyone in the group minus one.

Honey if you love me:

Group stands in a circle, with one in the middle. The person in the middle tries to get someone else in the middle by attempting to get them to smile. You must start by saying "honey if you love me, give me a smile!" No touching allowed, but funny noises, and faces are encouraged!

Identify!:

Split the group into 2, and show them a series of portrait pictures. For each person/people, create an identity. Write their story based on what you see- What's their name, where do they live, what do they do? What hobbies do they have and what family do they live with? What's their favourite food/band? Write their story and share with the other team.

Equipment: Portrait pictures (print from google images) of non-famous, normal looking people. (Googling 'Top 50 murderers' provides some interesting results) x5, Felt tip pens, Paper

Debrief: Workbook: People matters
Debrief model:
Reflect
-*What happened?* What happened in that activity? What happened for you? Did anything stand out, impact you?
Analyse
- *So what?* Why did it impact you? Why do you think it was so important?
Relate/Apply
- *Now What?* If you had to do this activity again, what would you do differently? How can we use the skills/values from this activity as a group in the future? How can we see past our own stereotypes for people and treat them as the individuals they are?